

TRAIL TRANSFERS RECOMMENDED HIKING KIT LIST

KIT

Good knife	<input type="checkbox"/>
Lighter & firelights	<input type="checkbox"/>
(Otter Trail)Thick Survival Bag to float your pack across the river	<input type="checkbox"/>
(Otter Trail) 30 metres rope for river crossing - optional	<input type="checkbox"/>
Ziplock bags to keep your cell, camera etc dry. (Cant have enough)	<input type="checkbox"/>
Cable ties	<input type="checkbox"/>
Head torch	<input type="checkbox"/>
Candles (there's no electricity at the huts)	<input type="checkbox"/>
Gas cooker	<input type="checkbox"/>
Pots, mugs & cutlery	<input type="checkbox"/>
Washing up liquid, scourer & towel	<input type="checkbox"/>
Tin opener	<input type="checkbox"/>
Water bottles	<input type="checkbox"/>
Water purification tablets	<input type="checkbox"/>
Sun tan lotion	<input type="checkbox"/>
Biodegradable soap (please dont use other types)	<input type="checkbox"/>
Walking stick/s	<input type="checkbox"/>
Gaiters	<input type="checkbox"/>
Toothbrush & paste	<input type="checkbox"/>
Toilet paper	<input type="checkbox"/>
Mobile phone and ziplock bag	<input type="checkbox"/>
Camera & ziplock bag	<input type="checkbox"/>
Elastic Bands	<input type="checkbox"/>
Bin Bags (1 per group)	<input type="checkbox"/>
Pen & paper	<input type="checkbox"/>

CLOTHING

Rain protection for backpack (newer backpacks have these built in)	<input type="checkbox"/>
Hat / Beanie / Gloves	<input type="checkbox"/>
Costume	<input type="checkbox"/>
Lights "fast dry" towel	<input type="checkbox"/>
Quick dry shorts	<input type="checkbox"/>
Quick dry long trousers	<input type="checkbox"/>
Quick dry shirts	<input type="checkbox"/>
Warm clothes for overnighiting	<input type="checkbox"/>

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Rain & wind breaker	<input type="checkbox"/>
2 x thick outer socks	<input type="checkbox"/>
2 x thin inner socks	<input type="checkbox"/>
Hiking boots & spare laces	<input type="checkbox"/>
Light, fast dry sandals for river crossings	<input type="checkbox"/>
Sunglasses, hard cover and string to secure them	<input type="checkbox"/>
FOOD	
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Meat for first two nights	<input type="checkbox"/>
Biltong	<input type="checkbox"/>
Pasta & powdered sauces	<input type="checkbox"/>
Tuna in a pouch (Ie: not tin - these are lighter and tastier)	<input type="checkbox"/>
Provita (packaged in handy 4's for freshness)	<input type="checkbox"/>
Dried Fruit	<input type="checkbox"/>
Energy Bars	<input type="checkbox"/>
Oats, futurelife sachets for breakfast	<input type="checkbox"/>
Coffee, Tea, Sugar, Cremora etc.	<input type="checkbox"/>
Game Juice powder	<input type="checkbox"/>
EMERGENCY	
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Old CD (to reflect light in an emergency)	<input type="checkbox"/>
Emergency blanket	<input type="checkbox"/>
Small first aid kit	<input type="checkbox"/>
NICE TO HAVE	
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Novel to read if you get to the your camp early	<input type="checkbox"/>
Pack of cards (if its raining at huts)	<input type="checkbox"/>
Binoculars	<input type="checkbox"/>
Clean set of clothes for when you finish the hike	<input type="checkbox"/>